

Activities That *DO NOT* Require Boiled Water

- **Showering and bathing.** Do not allow water in mouth. Consider giving infants and young children a sponge bath to reduce the chance of them swallowing water.
- **Shaving.**
- **Washing dishes, utensils, and cookware.**
 1. Hand wash with soapy tap water and rinse with boiled water.
 2. Household dishwashers generally are safe to use if: The water reaches a final rinse temperature of at least 150 degrees Fahrenheit (66°Celsius), or the dishwasher has a sanitizing cycle.
 3. To wash dishes by hand:
 - ✦ Wash and rinse the dishes as you normally would using hot water.
 - ✦ In a separate basin, add 1 teaspoon of unscented household liquid bleach for each gallon of warm water.
 - ✦ Soak the rinsed dishes in the water for at least one minute.
 - ✦ Let the dishes air dry completely before using again.
- **Laundry, general cleaning, and mopping.**
- **Washing hands.** Use soap, scrub for at least 20 seconds, rinse, and towel dry vigorously.
- **Bathing pets.**
- **Watering plants/irrigating.** During this boil water event, rinse all produce with boiled or bottled water before eating.
- **Flushing toilets.**

Activities That *DO* Require Boiled or Bottled Water

- **Drinking,** including making coffee or tea, or mixing powder drinks.
- **Washing food or produce** that isn't cooked or baked.
- **Mixing baby formula.** For formula-fed or bottle-fed infants, sterilize bottles, nipples, and pump parts after you wash them with soapy tap water between uses.

- **Adding water to food** without cooking or baking.
- **Brushing teeth and gargling.**
- **Making ice.**
- **Cleaning food contact surfaces** (examples: cutting boards or countertops).
- **Eye washing or rinsing contact lenses.** Contacts should be cleaned with appropriate contact lens solution. Hands should be washed with soap and water for 20 seconds and dried thoroughly before putting in contact lenses.
- **Taking medications with water.**
- **Cleaning wounds or sores.** The organisms of greatest concern need to be ingested to cause illness. However, as a precaution use boiled or bottled water. People with compromised immune systems are at most risk and should consult their health care provider.
- **Providing drinking water for pets** (optional). Pets have some innate protection from this type of water contamination. However, some people will prefer to use boiled water for their pets to drink.